



Centre Disability  
Support

*the*  
**ndis**  
**application**  
*guide*





# what is the **ndis**?

The NDIS is Australia's first national Scheme for people with disability.



It provides funding to eligible people with disability to gain more time with family and friends, greater independence, access to new skills, jobs, or volunteering in their community, and improved quality of life.

# The NDIS also connects anyone with disability to services in their community



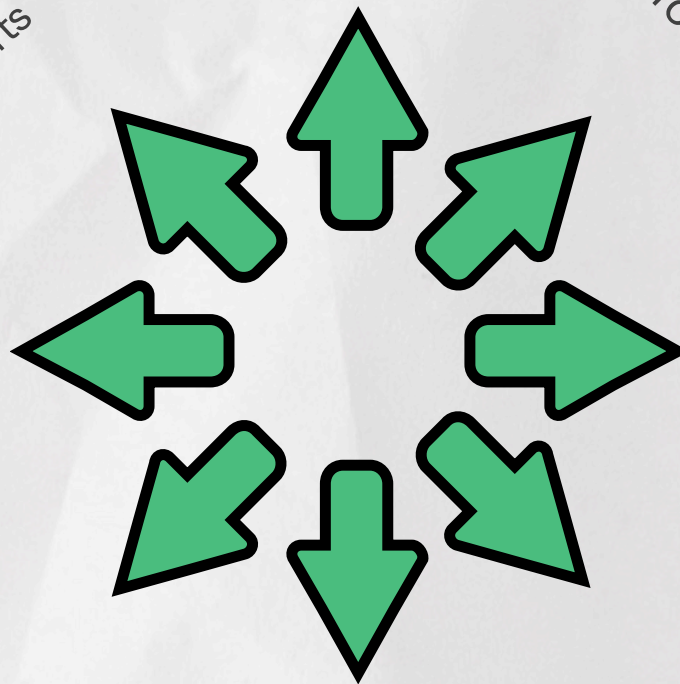
Doctors



Providers



Schools



Community groups



Libraries



Support groups



Sporting clubs



# what does the ndis do?

The NDIS provides reasonable and necessary funding to people with a permanent and significant disability so they can access the supports they need to live and enjoy their life.



The NDIS now supports over 500,000 Australians with disability to access the services and support they need.

This includes approximately 80,000 children with developmental delays, ensuring they receive support early so that they achieve the best outcomes throughout their lives.



# allied health assessments *guide*

An allied health assessment involves gathering information about an individual's strengths, areas of difficulties and current presentation through observations, specific activities and/or parent interviews.



To access NDIS funding, applicants must undergo various allied health assessments to determine their eligibility and the appropriate level of support required.

Next, we will explore the four types of allied health assessments that may be required during the NDIS application process, along with brief case study examples for each.



A woman with dark hair tied back, wearing a white t-shirt, is smiling and supporting a young man from behind. The young man, wearing a blue striped t-shirt, is also smiling broadly. The woman's hands are gently holding the young man's face. The background is slightly blurred, showing an indoor setting.

# Occupational Therapy Assessments

Occupational therapy assessment identifies a person's current abilities and how they can achieve or maintain their maximum level of independence and develop practical life skills.

## Case Study – Fred

Fred, a 19-year-old individual with cerebral palsy, is seeking NDIS funding support. An occupational therapist conducts an assessment to evaluate their daily living skills, mobility, and communication abilities. This assessment aims to pinpoint personalised aids and equipment to enhance Fred's independence and overall quality of life.





# Speech Pathology Assessments

**Speech assessment evaluates and diagnoses problems in adults and children of speaking, swallowing, comprehension, and writing.**

## Case Study – Camilla

Camilla, an 11-year-old girl diagnosed with autism spectrum disorder, is seeking a speech pathology assessment as part of her application for NDIS funding. The speech therapist conducts an assessment to evaluate Camilla's language development and communication challenges. Following the evaluation, a tailored therapy plan is devised, with a specific focus on enhancing Camilla's communication skills and improving her interactions with others.



A physiotherapist in blue scrubs is assisting a man in a light blue t-shirt and dark blue track pants with a white waist belt. They are in a gym setting, with the man standing on a treadmill. The physiotherapist is holding the man's arm for support. The treadmill has a black frame and a silver handrail. The floor is made of wooden planks with black and white striped patterns.

# Physiotherapy Assessments

Physiotherapy assessments focus on mobility and physical abilities. They identify impairments that may have contributed to the onset of the pain, or which increase the likelihood of developing persistent pain.

## Case Study – Manuel

Manuel, a 55-year-old man with paraplegia resulting from a spinal cord injury, is applying for NDIS funding. A physiotherapy assessment is conducted to evaluate his mobility, strength, and range of motion. The findings guide the creation of a personalised exercise plan and suggest assistive devices, such as a wheelchair, to enhance Manuel's mobility and overall well-being.



# Psychology / Psychiatry Assessments



Psychiatric assessment tries to make sense of the moods, thoughts, behaviours and mental health of NDIS applicants and develop a treatment plan tailored to their needs.

## Case Study – James

James, a 32-year-old man diagnosed with bipolar disorder, is seeking a psychological assessment as part of his application for NDIS funding. The psychologist evaluates his cognitive abilities, emotional well-being, and behavioural challenges. This assessment results in the development of a personalised behavioural support plan to assist James in managing emotional difficulties and cultivating essential life skills.



# supporting evidence

Supporting evidence is supplementary to your primary allied health assessments. The strongest NDIS applications have supporting evidence.



You can get a written letter or report from these people:

GP • Social Worker • Teachers •  
School Counsellors



# why assessments?

Allied health assessments give a comprehensive overview of a person's unique needs, strengths, and challenges to develop personalised support plans.



If you or someone you know is applying for NDIS funding, remember to seek the guidance of allied health professionals to ensure a smooth and successful application process.

# your help options



If you're 9 or older, a Local Area Coordinator (LAC) will be your main point of contact for the NDIS

If your child is under 9 years old, you should speak to the Early Childhood Partner in your area.

## What is a Local Area Coordinator?

Local Area Coordinators (LACs) work with all people with disability, not just NDIS participants. They can share information about the NDIS and help people access the NDIS.

### They can also:

- help all people with disability to connect with support activities in their community and other government services to meet their needs.
- work with NDIS participants to help them use their NDIS plan.
- work in local communities to help them become more accessible and inclusive for all people with disability.

You can search for your nearest LAC or Early Childhood Partner [via this link.](#)



# how to create your ndis plan

Once you have applied for the NDIS, your “access request” will hopefully be granted.

When the NDIS creates your plan, they:

1

Set up a planning conversation, to get to know you and discuss your situation

2

Consider what community and other services can help you pursue your goals and live as independently as possible.

3

Consider if you need any NDIS funded support, and if you meet the NDIS funding criteria

4

Ask for further information about your support needs if they need to.

5

Develop and approve your plan

6

Send your plan to you



We hope you found this NDIS Application Guide helpful!

for more.  
information

<https://www.ndis.gov.au/applying-access-ndis>



# Local to Queensland?



Centre Disability  
Support

Call Us: 1300 433 661

Website: [centredisabilitysupport.com.au](http://centredisabilitysupport.com.au)